



# TITAN TIMES

**Grade 8 GRADS!**  
**Last day to order Grad Hoodies**  
**is Sunday at midnight on**  
**SchoolCashOnline!**

Hello Parents of Abbotsford Traditional Students!!

We are beginning a consultation process with parents to receive input on the bell schedule for next year. To date, we have input from staff and our student surveys are almost complete.

The survey itself is short, though there is a lot of information about late starts for middle and secondary school in the survey and in the FAQ sheet that you can also read. Both are translated into Punjabi.

The main point I'd like to make sure parents know is that all students are welcome to be on campus at the regular start of day. There is no reason your child can't be at school, inside, on a late start day. Whether your child arrives to school by foot, vehicle, or bus, if it is more convenient for you to send your child(ren) to school at the regular time, please do so.

Late starts for extra learning time with teachers for secondary school, which we call RTI, has proven to be very effective in helping students receive better marks and keep them on a graduation path, but presently we are not able to provide this support – the only late starts this year are for district mandated secondary teacher collaboration time. We would like to provide this support next year, and would appreciate your thoughts on this issue.

Please complete the survey over the next 2 weeks. [Click here!](#)

Regards, Mr. Reg Gabriel

Come on out to cheer for our Grade 9 Boys' as they play in the final game of the Abbotsford City Playoffs tonight at 5:30pm at Yale Secondary.

The ATS Wrestling team participated in the Port Alberni Invitational over the weekend. We'd like to congratulate the following students: Mehar D placed silver and Rubin D received bronze. Arjun L completed at the BC Provincial Trials this week and placed second as well! Way to go Titans!

Did you know? Denisa is the Restorative Action (RA) facilitator in ATS this year and has already facilitated a number of learning circles with youth in the school! She has also provided several tips and strategies for discussions to start having with your teens which we will share each week. **Weekly Tip**

**#3: Curiosity in communication** – we can speak with youth about being curious like the fictional detective Sherlock Holmes! How?

- Open-ended questions** (require more than one-word answers and bring out more information) For example, asking "How was your day?" might elicit a one word answer such as "good" or "okay". Asking youth, "Tell me about your day," or "What was the best part of your day?" will likely further better conversation.
- Reflecting** back what you are seeing and asking for clarification. "You look like you are feeling (hurt, angry, confused, sad....). Am I reading you right?" This can be effective as opposed to telling someone how they are thinking or feeling which often elicits anger or frustration.
- Paraphrasing** to clarify that you understand what your child is trying to tell you to avoid confusion. It also demonstrates that you are listening and are trying to fully understand what they are saying. "So, tell me if I have this right. You are saying that you felt hurt when you heard that Alex didn't invite you to the party. Have I understood that correctly?"

## VALUE ADDED

### INTEGRITY

- Tell the truth.
- Never cheat, steal, or plagiarize.
- Always do your best.
- Wear your uniform with shirts tucked in and ensure it is neat, clean, and in good condition.
- Speak kindly of others and avoid gossip and rumours.
- Report directly to the office upon late arrival before proceeding to class.
- Accept responsibility for your mistakes.
- Do not litter and clean up your messes.

### On the Horizon

Feb 15	Parent Evening Series: Evolution of Inclusion
Feb 16	Non-Instructional Day - No Classes
Feb 19	Family Day - No Classes
Feb 20/22/24	Parent Session: Youth Substance Abuse
Feb 21	Grad Photo Retakes
Feb 28	Pink Shirt Day

